**COURSE CHECKLIST FOR MEAL MANAGEMENT**

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| **Topics** | **Source** |
| Importance and Principles of Meal Planning for Family and Occasions | FPS Meal Management Manual <https://www.slideshare.net/laiyah/meal-management-9267118>PDF File on “A Guide to Meal Management and Table Services”<https://psu.pb.unizin.org/hmd329/chapter/ch4/><https://mealplify.com/meal-planning-principles/> |
| Selection of Various foods in relation to season and market conditions | Microsoft Word Doc on “Food Selection and Storage” PDF FILE IN DOWNLOADS[CONSUMER\_BEHAVIOUR\_AT\_THE\_FOOD\_MARKET](https://www.researchgate.net/publication/258889655_CONSUMER_BEHAVIOUR_AT_THE_FOOD_MARKET) PDF FILE IN DOWNLOADS<https://opentextbc.ca/basickitchenandfoodservicemanagement/chapter/purchasing/> |
| Selection use and care of table appointments | PDF File on “A Guide to Meal Management and Table Services”<https://books.google.com.pk/books?id=FvXyHyOX8X8C&pg=PA32&lpg=PA32&dq=use+and+care+of+table+appointments&source=bl&ots=IQPKEmZmUJ&sig=ACfU3U12eACXa8Vf3xXa7s6J7Xu8ZFFGmQ&hl=en&sa=X&ved=2ahUKEwjSq8fQ8IXpAhVs7OAKHV-pDLA4ChDoATAOegQIChAB#v=onepage&q=use%20and%20care%20of%20table%20appointments&f=false><https://www.slideshare.net/suekko_heintz/table-appointments-64832628> (Table Appointments)<https://www.youtube.com/watch?v=legdmIzyyug&list=PL1qh6GkzeEihOV0To9LxnCgVQkpN0iQQ0%2C+%2C+https%3A%2F%2Fwww.y> |
| Study of different types of table settings ,table manners and etiquettes | FPS Meal Management Manual <https://www.slideshare.net/laiyah/meal-management-9267118>PDF File on “A Guide to Meal Management and Table Services”<https://www.slideshare.net/ashleybonifacio5/types-of-table-service-51243767><https://setupmyhotel.com/train-my-hotel-staff/f-and-b/591-types-of-f-b-service.html><https://www.cabarrus.k12.nc.us/cms/lib/NC01910456/Centricity/Domain/3610/3.01N_MeaSerClass.pdf><https://www.youtube.com/watch?v=SQvV4SNeH-U> (Table Manners)<https://slideplayer.com/slide/1466169/> (table manners and etiquettes)<https://www.rwsmithco.com/catalog/TriMark-RWS-Table-Setting-Guide.pdf> (Table setting guide) |